

Pre Treatment Care for Skin Rejuvenation and Vascular Lesions

It is important that you avoid the following within a 30 day period prior to your treatment:

- Do NOT sunbathe
- Do NOT use sun beds
- Avoid self tanning products

For 7 days prior to treatment:

- Do NOT have electrolysis
- Do NOT wax
- Do NOT use tweezers or thread
- Do NOT bleach
- Do NOT use depilatory creams
- Do NOT use any anti-inflammatory medications (including aspirin & ibuprofen)
- Do not smoke 4 hours before treatment
- All treatments require a full initial consultation and patch test prior to your appointment

Post Treatment Care for Skin Rejuvenation and Vascular Lesions

We would advise you to do the following for the next 30 days after your treatment:

- Avoid sun exposure or sun beds
- Wear SPF 30 or higher when outside

Please avoid the following for the next 24-48 hours after your treatment:

- No perfumed products or make-up
- No excessive heat e.g. saunas, steam rooms or hot baths
- No swimming or Gym
- No touching/scratching the area

Please note: Aloe Vera gel must be applied for the next 48 hours after treatment.

For more information please contact us on:

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